

City of Ithaca Proclamation

Whereas, mental health is part of overall health and essential to the well-being and the vitality of our families, businesses, communities; and

Whereas, 90% of individuals who die by suicide experience mental illness, one in five adults experiences a mental health problem in a given year, and one in 17 adults live with severe and persistent mental illness such as major depression, bipolar disorder or schizophrenia; and

Whereas, approximately one-half of chronic mental illness begins by the age of 14 and three-quarters by age 24; and

Whereas, in local jails, 75 percent of women and 63 percent of men have at least one mental health problem; and

Whereas, early identification and treatment can make a significant difference in successful management of mental illness and recovery; and

Whereas, every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and

Whereas, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness;

Now, therefore, I, SVANTE L. MYRICK, Mayor of the City of Ithaca, do hereby proclaim May, 2018 as:

Mental Health Awareness Month In the City of Ithaca

to increase public understanding of the importance of mental health and to promote identification and treatment of mental illness,

In Witness whereof, I have hereto set my hand and caused the great seal of the City of Ithaca to be affixed this the second day of May in the year 2018.




Svante L. Myrick, Mayor