

# **What Services Does the Mobile Crisis Team (MCT) Provide?**

**Mental Health Crisis** – brief evaluation & intervention in community & follow up referral/linkage

**Involuntary Hospitalization** –assessment & issuance of a **MHL 9.45** for Ambulance Transport → Cayuga Medical Center ER for Psychiatric Evaluation

**Suicide Threat or Attempt** – brief assessment & intervention with individuals exhibiting suicidal behavior.

**Suicide Survivor** – brief intervention & follow up planning with individuals coping after the completed suicide of a loved one.

**Mental Health & Substance Use Crisis** – brief assessment, intervention & follow up when imminent danger is the result of, or exacerbated by, co-occurring alcohol / drug abuse.

**Trauma and Tragic Event** – intervention for individuals and groups exposed to emotionally traumatic events such as violent deaths, casualty situations, etc.

**If Medical Emergency – DO NOT USE MCT**

**Ambulance Transport → Cayuga Medical Center ER**

# Tompkins County Mental Health Services (TCMHS)

## Behavioral Health Mobile Crisis Team (MCT)

**In Crisis?**

**Call the Crisis Line at 1-607-272-1616**

**Tompkins Suicide Prevention & Crisis Services**

**National Line 1-800-273-TALK.**

- Serving Tompkins County individuals and families who are experiencing *urgent* concerns related to behavioral health issues
- Provides brief crisis intervention, support, and stabilization to try and manage the crisis in the community
- Offers hospital and jail diversion linkage as able depending on the assessed needs
- Ensures continuity of care between the initial intervention and the involvement of follow-up services by trained Care Managers
- Provides MHL 9.45 assessment for referral to local hospital
- Provides county-wide community partnership during & after crisis with law enforcement, ambulance, housing, and substance use services *as needed*

### Team Approach - MCT Roles

#### Lead Crisis Clinician

- Experienced Masters level qualified health professional (LMSW, RN, etc.) trained in dual diagnosis & MHL 9.45 designee.

#### Care Manager

- Case Workers trained and experienced in community intervention and linkage.

#### Emergency Personnel

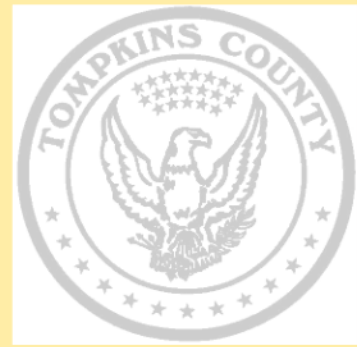
- On-site collaboration & support with Police and Ambulance depending on the crisis.

#### Suicide Prevention and Crisis Services

- Triage & refers to MCT - *if needed*

*Referrals are screened and prioritized by of risk to life & safety. Priority is given to referrals from the police / public safety and to cases involving individuals who may be a danger to self or others.*

*MCT provides safe, compassionate and effective crisis response to individuals experiencing behavioral health (BH) crisis in the community evenings & weekends.*



*After hours and weekend BH crisis response*

### Community Collaboration

- Suicide Prevention Services screens & refers to MCT - *if needed*
- Partnership with law enforcement
- Partnership with community providers for Hospital & Jail diversion effort
- Care Management follow up after MCT on-site for referral & linkage
- A service supported by the TCMHS Clinic Forensic & Crisis unit

### MCT Hours

**After hours weekdays & weekends**